

Patient Information

EFUDIX CREAM (5- FLUOROURACIL CREAM)

This has been prescribed to you to treat your actinic keratosis/ Bowen's disease/ superficial basal cell skin cancer.

Apply the cream to the specified area(s) once a day on three days of the week e.g. Monday, Wednesday and Friday.

Use a gloved finger or a cotton wool bud to apply the cream. Wash your hands after application.

If at the end of one week there is no inflammation then increase the frequency to five days a week and then daily if necessary.

Once the area has been inflamed for three weeks, stop the Efidix and allow the inflammation to heal for three weeks. If the skin is now smooth then the skin is cured. If the skin is still red and scaly then you may, if you wish, restart the Efidix treatment.

If you develop bleeding or ulceration whilst applying the Efidix stop the treatment and allow the area to heal, some hydrocortisone 1% cream may help the process. Once it has healed, if red scaly areas remain restart the Efidix at a lower frequency (e.g. once or twice a week).

At the end of the treatment your skin should be clear and there should be no hard or rough areas and your skin should feel smooth.

NB It is important to note that the cream makes the skin more sensitive to ultraviolet light so you will tend to burn more easily.

It is therefore essential to wear a sun screen (SPF 15 and above) outdoors whilst using the treatment and afterward to prevent ongoing skin damage.